

The City of Spokane

Weekly News Update for Aug. 15

Stay up-to-date on City of Spokane and employee news with our weekly Employee Update.

Get Out to a Ballgame!

We have arranged for another City of Spokane employee night at a Spokane Indians game! You're invited to bring your family and friends and have fun with co-workers at Avista Stadium. Tickets range from \$6 bench seats to \$13 upper box seats.

**Tomorrow, Wednesday, Aug. 16, 6:35 p.m.
Spokane Indians vs. Tri City Dust Devils**

This is also the final Yoke's Family Feast game of the season! All hot dogs, Pepsi products, and ice cream sandwiches are \$2 all night long courtesy of Yoke's Fresh Market.

[Buy your tickets today!](#)



Bring Your Child to Work Day AND Employee BBQ Video & Pics

Thank you for joining us on Bring Your Child to Work Day AND the Employee BBQ! We had a great time at the City Hall tours, riding the Looff Carrousel and Numerica SkyRide, eating lunch with our coworkers, and meeting the Spokane Indians' mascot Otto.

[Click here to download photos from the Employee BBQ!](#)



Thank you to the Mayor's Office and Cabinet for putting these events together!

Commute Smart Winners

This month's Commute Smart winners are:

- Caleb Stanton – City Hall
- Abby Spann – City Hall
- Bob King – Water
- Dion Mason – Public Safety

For more information on how you can WIN or to get your worksite passcode, contact [Amanda Kiehn](#), your ETC! You can also go online to CommtueSmartNW.org, sign up for free and start logging your trips to be eligible. To learn more on how you can help keep our skies blue, visit SpokaneCleanAir.org.

More Information to Assist You

Here are some more resources from our Employee Assistance Program:

Making Time for Yourself

Making time for yourself is probably the last thing on your list, and probably one that you rarely ever get to. There's always someone or something that needs your attention, and taking care of others is more important than taking care of yourself, right? You might feel like it's hard enough to get everything done as it is and that you'll never find the time. But there are some very compelling, and important, reasons to try.

Employee Information Portal (covid19.spokanecity.org/)

Remember, this Employee Information Portal is a great resource for employees to stay current on what's happening with the COVID-19 response. The [Employee Information Portal](#) can be accessed from work or home, using a computer or mobile device. All of the emailed information we have sent to employees is archived here.