

The City of Spokane

Weekly News Update for April 25

Stay up-to-date on City of Spokane and employee news with our weekly Employee Update.

Monroe Street Striping

Monroe Street striping starts tomorrow! Northbound and southbound Monroe St. traffic will be reduced to one lane in each direction between the Monroe Street Bridge and Boone Ave. This work is to install permanent striping to the new surface as part of the 2022 grind and overlay project. Due to weather, temporary striping was used through the winter. This work will wrap up on Friday.

Get Out to a Ballgame!

We have arranged for two City of Spokane employee nights at Spokane Indians games! You're invited to bring your family, friends and have fun with co-workers at Avista Stadium. Tickets range from \$6 bench seats to \$13 upper box seats.

Game Dates:

- Saturday, May 13, 5:09 pm
Spokane Indians vs. Hillsboro Hops
- Wednesday, August 16 @ 6:35 pm
Spokane Indians vs. Tri City Dust Devils

[Buy tickets today!](#)

City Hall Construction

Construction at City Hall to replace the roof continues! Post Street is closed and no on-street parking is available between Spokane Falls Boulevard and the Post Street Bridge. The Spokane Falls Boulevard and Post Street public and employee entrances are open!

Please feel free to [contact the Facilities Department](#) with any questions.

Pavilion Art Space

Check out the new [Pavilion Art Space](#) display featuring artwork created by City of Spokane employees! This gallery is located on the east side of the Pavilion admin building and is viewable during regular park hours: 6 a.m. to midnight.



Free Say Yes! COVID Tests Ending May 11

The Washington State Department of Health (DOH) is announcing its free at-home testing program Say Yes! COVID Test (SYCT) is ending Thursday, May 11. That means you only have two more months to get free, rapid, at-home test kits delivered to your home. [Click here](#) and enter your zip code to see if test kits are available in your area.



Margaret Redd's Retirement Party

Celebrate Margaret Redd's retirement from The Taxes & Licenses Department. Join Margaret Wednesday, May 31, 11 a.m. – 1 p.m. in the Tribal Conference Room at City Hall. There will be cake!

More Information to Assist You

Here are some more resources from our Employee Assistance Program:

[Quitting smoking: 10 ways to resist tobacco cravings](#)

For most people who use tobacco, tobacco cravings or smoking urges can be strong. But you can stand up against these cravings. When you feel an urge to use tobacco, keep in mind that even though the urge may be strong, it will likely pass within 5 to 10 minutes whether or not you smoke a cigarette or take a dip of chewing tobacco. Each time you resist a tobacco craving, you're one step closer to stopping tobacco use for good. [Click here](#) for 10 ways to help you resist the urge to smoke or use tobacco when a craving strikes.

[Managing Employee Stress](#)

Stress—physical, mental, and emotional wear and tear—is a health risk and as a serious hazard in the workplace. Employee stress can take many forms and have a significant impact on both individuals and organizations. It can manifest as anxiety, aggression, irritability, dependency, withdrawal, or depression. Regardless of the form it takes, stress results in reduced productivity, increased absenteeism, employee burnout, high turnover, increased medical expenses, health insurance costs, and stress-related compensation claims.

Employee Information Portal (covid19.spokanecity.org/)

Remember, this Employee Information Portal is a great resource for employees to stay current on what's happening with the COVID-19 response. The [Employee Information Portal](#) can be accessed from work or home, using a computer or mobile device. All of the emailed information we have sent to employees is archived here.