

The City of Spokane

Weekly News Update for Jan. 11

Information about COVID-19 is evolving rapidly, and our important work as a City is continuing. We want to make sure our City employees have up-to-date information on both COVID and employee news. We will provide this update, as needed, to communicate what you need to know, while we work to reduce the spread of this disease in our community and continue to provide critical public services.

Face Coverings/Masks

COVID-19 has once again proven to be a difficult adversary, and cases are increasing across City employees. **Mandatory masking** is in place at the City, in order to protect City employees, their families, and members of the public who may visit City facilities.

As a reminder, while indoors, masking is required for all City employees, customers, and visitors in all City facilities when not sitting alone at your desk.

Along with [wearing masks](#), we are reminding everyone to:

- Maintain 6 feet of social distancing when possible
- Avoid large gatherings in conference rooms or other communal work spaces
- Refrain from shared food, such as pizza, cakes, donuts, muffins, and other items that are not individually packaged
- Get tested if you believe you have been exposed to COVID-19, and observe [proper quarantine and isolation guidelines](#)

We also encourage everyone to take advantage of vaccines and booster doses (i.e., the third dose) in our community. Vaccination remains the best way to protect yourselves and others from the virus and from severe symptoms.

Our thank you for your dedication to serving the community, even as we have faced uncertain times. We will keep track of continued local, state, and federal guidance and changes in disease prevalence and transmission in the coming weeks, and we will continue to adapt.

Pavilion Art Space

Check out the new [Pavilion Art Space](#) display featuring artwork created by City of Spokane employees! This gallery is located on the east side of the Pavilion admin building and is viewable during regular park hours: 6 a.m. to midnight.



More Information to Assist You

Here are some more resources from our Employee Assistance Program:

- [How to Help Yourself or Others Who Are Depressed](#)

If you are depressed, the most important thing is to go see a mental health professional to seek appropriate treatment. This may be in the form of medication, therapy or both. The first step may be visiting your family doctor or calling the employee assistance program (EAP). For information on how to help yourself or a loved one who is depressed [click here](#).

- [Teen Depression](#)

Teen depression is a serious medical illness. It's more than just a feeling of being sad or "blue" for a few days. It is an intense feeling of sadness, hopelessness, and anger or frustration that lasts much longer. For tips on how to help your teen [click here](#).

Employee Information Portal (covid19.spokanecity.org/)

Remember, this Employee Information Portal is a great resource for employees to stay current on what's happening with the COVID-19 response. The [Employee Information Portal](#) can be accessed from work or home, using a computer or mobile device. All of the emailed information we have sent to employees is archived here.