



Virtual Care Options

Premera Blue Cross offers different options for Members who need virtual care. Virtual care is a great resource for Members who are unable to physically travel to a providers office, or need care during non-business hours. Below are some virtual care options that are available to Premera Blue Cross Members.

Type	Appropriate for:	Examples:	Access
NurseLine 	Quick answers from a trained nurse	<ul style="list-style-type: none"> Identifying symptoms Decide if immediate care is needed Home treatment options and advice 	24/7
Contact the Premera NurseLine at: 1-800-841-8343			
Telemedicine visit 	Minor illnesses and conditions	<ul style="list-style-type: none"> Common cold, flu, fever, COVID Headache, migraine Skin conditions Allergies 	24/7

Telemedicine Options Available Through Premera



Text or Video Based Care

To get started visit
www.98point6.com

Or

Download the 98point6 app



Video Based Care

To get started visit
www.doctorondemand.com

**Please note that Telemedicine options will be available to
 City of Spokane Employees
 through
 December 31, 2020**

* For more information on Premera virtual care options, please contact Premera Customer Service at 1-800-722-1471