

The City of Spokane

Weekly News Update for Feb. 15

Stay up-to-date on City of Spokane and employee news with our weekly Employee Update.

Save the Date for the Employee Awards



Save the Date! 2022 City of Spokane Employee Awards

Wednesday, April 12, 2023
The Pavilion at Riverfront Park
4pm – 5:30pm with reception to follow



Julie Hoodward

More Information to Assist You

Here are some more resources from our Employee Assistance Program:

[Generations at Work](#)

The workplace brings together a mix of people—people of different backgrounds, ethnicities, races, genders, sexual orientations, and ages. The success of any organization depends on its ability to motivate a diverse workforce to perform collaboratively toward common goals. In the same way, your success as an employee or manager depends on your ability to work with, learn from, and bring out the best in people who are different from you.

[Good Mental Health at Every Age](#)

Each stage of your life can create different challenges to good mental health. The events that worry you as a 20-year-old probably won't be the same as what causes you stress when you're age 50. Eating right, staying physically active, getting enough sleep, and having healthy relationships will help support good physical and mental health throughout life. If you're worried about your mental health, talk to someone right away.

[Employee Information Portal](#) (covid19.spokanecity.org/)

Remember, this Employee Information Portal is a great resource for employees to stay current on what's happening with the COVID-19 response. The [Employee Information Portal](#) can be accessed from work or home, using a computer or mobile device. All of the emailed information we have sent to employees is archived here.