

The City of Spokane

Weekly News Update for Aug. 16

Stay up-to-date on City of Spokane and employee news with our weekly Employee Update.

A Message from Mayor Woodward

Congratulations to our [Employee of the Quarter](#) Jonathan Adams!

Your dedication, management, and overall creativity is incredible. Thank you for your commitment to the Engineering Services Division and Spokane.



City Hall Construction

Employees who work at City Hall may hear some construction noise as there is minor construction in the Lower Level. If you have any questions, please contact [Kelly Long](#).

Mayor's Office Now on Social Media

Follow the City of Spokane's Mayor's office on [Facebook](#), [Twitter](#), and [Instagram](#) to stay up to date on news from the Mayor's Office!



More Information to Assist You

Here are some more resources from our Employee Assistance Program:

[Talk with Your Teen About Healthy Relationships](#)

Parents can play a big role in teaching kids about healthy relationships. Unfortunately, many teens have relationships that are unhealthy. About 1 in 10 teens who have been on a date have also been:

- Physically abused (hit, pushed, or slapped) by someone they've gone out with
- Sexually abused (kissed, touched, or forced to have sex without wanting to) by someone they've dated

[Jealousy in Romantic Relationships](#)

Jealousy has been a favorite dramatic topic of authors for centuries. Everyone is subject to an occasional case of the green-eyed monster. Regular feelings or expressions of jealousy, however, can be problematic. Whether you are dealing with your own jealousy or with that of your partner, it can put unneeded strain on any relationship; even contributing to its ultimate failure. There's no need to let jealousy create drama of epic proportions in your love life.

Employee Information Portal (covid19.spokanecity.org/)

Remember, this Employee Information Portal is a great resource for employees to stay current on what's happening with the COVID-19 response. The [Employee Information Portal](#) can be accessed from work or home, using a computer or mobile device. All of the emailed information we have sent to employees is archived here.