

The City of Spokane

## Weekly News Update for Aug. 2

Stay up-to-date on City of Spokane and employee news with our weekly Employee Update.

### **Wildfire Smoke Emergency Rule Update**

Smoke from wildfires contains chemicals, gases, and fine particles that can harm health. These particles can get deep into the lungs, worsening existing health conditions like asthma, negatively impacting heart health, and increasing the risk of death. WA State has updated its wildfire smoke emergency rule which goes into effect from June 15 – Sept. 30.

- **69 AQI** – Provide training to employees utilizing the [Fact Sheet](#).
- **101 AQI** – Alert employees of the increased AQI and provide respirators for employees voluntary use. Implement smoke mitigation measures. Refer to the [Wildfire Smoke Program](#).
- **150 AQI** – All Aquatic and outdoor recreation programs will be suspended.
- **201 AQI** – Hazard pay is initiated for affected employees
- **250 AQI** – Safe air centers activated.
- **300+ AQI** – All non-emergency work will be suspended.

These requirements are outlined on [SharePoint](#).

### **Mayor's Office Now on Social Media**

Follow the City of Spokane's Mayor's office on [Facebook](#) and [Twitter](#) to stay up to date on news from the Mayor's Office!



### **More Information to Assist You**

Here are some more resources from our Employee Assistance Program:

- [Helping Your Loved One Who Is Suicidal](#)  
Do you have a loved one who is suicidal or has made a suicide attempt? [Click here](#) for information on understanding suicide, warning signs and action steps to take, and how to prevent future attempts and keep your loved one safe.
- [Surviving Your Child's Suicide](#)  
The suicide of a child of any age presents unique circumstances that intensify and prolong the mourning of parents, family members, and friends. Suicide is believed to be a reaction to overwhelming feelings of loneliness, worthlessness, helplessness, hopelessness, and depression. Suicide is the third leading cause of death in the United States among 10 to 14-year-olds and 15- to 24-year-olds, and the second leading cause among 25 to 34-year-olds.

While mental illness often plays a role in suicide, not everyone who dies by suicide is mentally ill. Some families have experienced years of treatments, hospitalizations, and medications with their child, while some experience none at all.

**Employee Information Portal** ([covid19.spokanecity.org/](https://covid19.spokanecity.org/))

Remember, this Employee Information Portal is a great resource for employees to stay current on what's happening with the COVID-19 response. The [Employee Information Portal](#) can be accessed from work or home, using a computer or mobile device.